



# KINGSLEY NEWS

MARCH 2020

The news and voice of your village  
Community

Kingsley Community Association is a Registered Charity

**KINGSLEY COMMUNITY ASSOCIATION**  
**OFFICERS 2019/20**

Chairman	Elizabeth Batey	788788
Vice Chairman	Steve Easton	788050
Treasurer	Simon Batey	788788
Secretary	Elizabeth Batey	788788
Kingsley News Editor	Elizabeth Wilson	787678
Kingsley News Accounts	Julie Mort	
Bookings Secretary	Heather Hayes	788494

(Available from 12.30-7.30pm)

**COUNCIL MEMBERS (elected)**

Carol Rowlands, Vic Wodhams

**COUNCIL MEMBERS (not elected)**

One representative from each of the affiliated groups and clubs (NB. This is a condition of affiliation).

**CONTACT DETAILS FOR PARISH COUNCIL**

Contact: The Parish Clerk  
Email: [parish.clerk@kingsleyparishcouncil.org.uk](mailto:parish.clerk@kingsleyparishcouncil.org.uk)  
Mailing address: The Boardman, Hollow Lane, Kingsley, WA6 8EF  
Mobile: 0748 3157679  
The Parish Clerk will be available at the following times:  
Every Friday of the month between 09.00 and 15.00

***ROOM AT THE TOP***

***Rooms with kitchen facilities for hire at The Hurst Methodist Church.***

***Ideal for children's parties etc. Moderate charges.***

**Contact Brian Moores on 787442**

# EDITORIAL NEWS AND VIEWS

Dear Readers

March is a time to celebrate because Spring is around the corner and the leaves will soon be back on the trees, it will be warmer and maybe even drier than recently! We will be able to enjoy the beautiful daffodils that have been planted around the village by willing volunteers. There are also other reasons to celebrate in the village.

Firstly Kingsley Players have had record success at the NODA awards, held recently at Mere Golf Club, winning several categories. A full report is on the next page.

The Hurst soup lunch has been running for many years and I am told that this month they will be serving up their 300<sup>th</sup> lunch. With 12 lunches per year that makes 25 years. Congratulations to all who have been involved over the years.

Time and Again Theatre Company will be performing their new play 'Clouds' at the Community Centre on Friday 13<sup>th</sup> March. See centre page for details.

If you are a quiz fan, then head over to the Red Bull on 29<sup>th</sup> March for a quiz and supper in aid of Kingsley Youth Club.

*Elizabeth*

**Articles for the magazine to be sent to the Editor  
by email to - [kingsleynewseditor@gmail.com](mailto:kingsleynewseditor@gmail.com)**

**Tel: 01928 787678**

**Copy deadline is the 21st of each month**

**[www.kingsleyvillage.co.uk](http://www.kingsleyvillage.co.uk)**



## **Kingsley Players record success at NODA Awards**

Kingsley Players have enjoyed record success at the 2020 North West awards from NODA (National Operatic and Dramatic Association).

At a glittering awards dinner and ceremony at Knutsford's Mere Golf and Country Club, the group beat off stiff competition from other theatre groups to win four awards from an outstanding total of 14 nominations.

Lynn Pegler scooped Best Director of a Drama for the production of '*Peterloo*', which she wrote and directed last April. The premiere of her play about the Peterloo Massacre, which featured a talented cast of 16 actors, was also nominated for Best Drama and Best Staging.

Kingsley Youth Theatre, led by Jake Powell, notched up an incredible 11 nominations for two productions, '*Chatroom*' and '*James and the Giant Peach*'.

Jake won the award for Best Direction of a Youth Theatre Production and acting awards were won by Kate Burge and Ben Mather-Dodd, who received two nominations for leading male actor in both of the Youth Theatre's plays.

The hard-hitting social media play '*Chatroom*' was in the running for Best Youth Production and Teigan Withey, Matthew Betteridge, Eva Lemmy and Gemma Smith were nominated in various young actor categories.

Colin Smith, Kingsley Players chairman, said: "The NODA awards are a phenomenal achievement and a fantastic tribute to the whole team, both on stage and behind the scenes, who work so hard to bring our theatrical productions to life.

"For each show we transform Kingsley Community Centre into a theatre and although we may only perform in a village hall, audiences can have the assurance that we always strive to deliver productions of the highest quality."

Future shows include Alan Ayckbourn's popular bitter sweet comedy '*How the Other Half Loves*', directed by Malcolm Barker, on stage for four nights Wednesday 28 April – Saturday 2 May.

And later in May, the group celebrates Cheshire's most celebrated children's writer Lewis Carroll with a festival of two plays.

Thursday 21 – Saturday 23 May, Kingsley Players Youth Theatre will perform a stage adaptation of the traditional classic *Alice in Wonderland*, directed by Jake Powell.

This will be preceded for one night only on Saturday 16 May, with the performance of a new play by Lynn Pegler 'Alice's Quest for Wonderland: Down the Rabbit Hole with Lewis Carroll' which explores the fact behind the fiction of the relationship between the enigmatic author and the real Alice.



**For more information, check out the Kingsley Players website**

[www.kingsleyplayers.co.uk](http://www.kingsleyplayers.co.uk).

## **Kingsley Parish Council have Vacancies for New Parish Councillors**

Are you looking for a new challenge? Do you want to find a way to contribute Kingsley community life

Would you like to be involved in making a difference in your local area and influence decisions that affect your community? If the answers are yes, then we'd love to hear from you.

As a Parish Councillor you must be over 18, an elector, and have been living or working in the Kingsley or within 3 miles of the parish for the past year. You will need to be available to attend monthly evening meetings and demonstrate enthusiasm to undertake community focused tasks.

To apply for the role of Parish Councillor draft a letter of application to the Clerk by Monday 27<sup>th</sup> April 2020 detailing the reason for wanting to become a Councillor, the skills that you can bring to the role and any previous involvement with community or council activities.

Applications should be emailed to the Parish Clerk [parish.clerk@kingsleyparishcouncil.org.uk](mailto:parish.clerk@kingsleyparishcouncil.org.uk) or dropped into the letterbox outside Kingsley Boardroom, The Cemetery, Hollow Lane, Kingsley.

## **KINGSLEY NEWS**

Volunteer needed to deliver K. News to 15 houses in Top Road each month. Numbers 22 to 56 . Please ring or text Helen Tel no. 07704502189 Kingsley News is available at the Co op if you do not receive one.

## **CHESTER BASED COMMUNITY ORCHESTRA LOOKING TO GROW ITS MUSICAL FAMILY IN 2020**

**With the arrival of a new year and many people looking to take up the challenge of a new hobby, a Community Orchestra based near Chester is looking to recruit new members of all ages and all abilities to help swell its ranks in the run up to concert performances being staged in 2020.** The Jan Modelski Community Orchestra, founded in 2001 by Conductor and Musical Director Jan Modelski is currently based in the village of Barrow near Chester and was set up with the aim of enabling musicians of all ages and abilities to participate in a performing amateur orchestra.

Rehearsals are relaxed and informal whilst at the same time ensuring that every musician becomes the best they can possibly be. This, in turn, ensures a high level of professionalism and develops the musical skills and experience of everyone taking part. He also strives to ensure that the repertoire of any of his orchestras is always varied and challenging. The atmosphere is friendly, informal and geared towards encouraging the best performances from its members and aiding their musical development. The orchestra has an "open admission" ethos - which means that there is no audition and no one is ever turned away, the only requirements are a basic ability to read music, a desire to play with other performers and a sense of humour."

Richard added "There are 3 separate orchestras; Introductory, Intermediate and the "Main" Orchestra, so there is sure to be an orchestra suitable to most playing abilities. The average attendance is between 60 and 70 players and a number of players participate in more than one Orchestra. All three Orchestras share the common goals of enjoyment, encouragement and development".

All three Orchestras perform two concerts each year. The Orchestras rehearse on Saturday mornings in term time at Barrow Village Hall with the Introductory and Intermediate Orchestras session starting at 9.15 am and the Main Orchestra at 11.10 am.

Full details about the Orchestra and how to get involved can be found at <http://www.thejanmodelskiorchestra.co.uk/>

### **FOR SALE**

**1 Vision Fitness E1500 upright exercise bicycle. Complete with all accessories and a protective floor mat. Price £250.**

**2 Reviber Fusion oscillating vibrating plate exerciser. Price £90.**

**Both in bought condition, hardly used. Buyer collects in Kingsley. Tele: 01928 788794 for details.**

## Kingsley Walking Group – March 2020

The Kingsley Walking group is an informal walking group that has been meeting for many years. We organise two walks each month. A long walk is held on the SECOND Tuesday of the month and a short walk is held on the FOURTH Tuesday of the month. Generally long walks would be classified as “moderate” (a full day and 8 – 10 miles) and the short walks are leisurely (a half day and up to 5 miles) ending with an optional pub lunch.



Long walks usually start up to 90 minutes drive away from Kingsley. We meet at the Community Centre and organise lifts and car shares. We have a leader for every walk who checks for stiles, distance, closed paths etc in advance. Our favourite places are the Peak District, the Clwyds and the south Lakes. Our groups are between 8 and 15 people. Everyone is welcome.

Our **long walk** in February was cancelled due to bad weather. This is the first year for a long time that we have had to postpone two walks due to weather. We're hoping that the worst is now behind us. We had a good short walk in January when we set off from the Ring O'Bells pub in Frodsham along the Sandstone Trail to Woodhouse Hill, Snidley Moor, Shepherd's Cottages, across the fields (skirting the golf course) to Beacon Hill and back to the pub for lunch. We had good weather and good company.

The March long walk will be on March 10th, leaving the Community Centre at 9am. Bring lunch. The **short walk** will be on **Tuesday 24th March**, leaving the Community Centre at 9.30.

For details about our walks, or if you're wondering about joining and you'd like more information, contact Vony on 789098 or email [kingsleywalkerswa6@gmail.com](mailto:kingsleywalkerswa6@gmail.com). Everyone is welcome.

### THE WEAVER VALLEY WI GROUP CHOIR

*Musical Director: Louise Dickinson*

*Accompanist: Alan Woodcock*

*invite you to join them for an evening of*

#### CHOIR AND CAKE

**at St John's Church, Norley  
on Saturday, 25th April 7pm - 9pm**

*Tickets £5 including refreshments - (children free)  
Contact Helen Ebbitt 01928 787092 (or at the door)*

*Proceeds in aid of Church Funds*

## THANK YOU

The family of the late Dot Walker would like to thank everyone for their kind thoughts, cards and messages.

Though originally from Runcorn, Kingsley was her life and she will be sadly missed in the community.

### Kingsley Bookworms

**Next meeting 12th March 2020 at the Hurst Chapel at 7.30pm**

Kingsley Bookworms have embraced the winter weather by settling down with some great books. At our February meeting we talked about the “Unlikely Pilgrimage of Harold Fry” and “The Music Shop” by Rachel Joyce. It’s the first time we’ve taken on two books in one month. This was because a number of people had read and loved the Harold Fry book but wanted to read another Rachel Joyce book. Most people really enjoyed the writing of Rachel Joyce and the way that she created her (often quirky) characters. We decided to score this author on this occasion and ended out with an average score of 3.9 out of 5.

As ever, we have been planning our visits to literary festivals and the next one is Weaver Words, based in Frodsham. This has always proved to be a great festival. The website showing details of all the events is <http://www.weaverwords.org.uk/whats-on/>. There are lots of good shows to choose from.

Our next bookclub meeting will be on March 12th at the Hurst Chapel. We will be talking about “Rebecca” by Daphne du Maurier.

After that we will be reading:

- 1) Unsheltered by Barbara Kingsolver (April)
- 2) Stoner by John Williams (May)

Kingsley Bookworms meet on the second Thursday of each month and everyone is welcome to join us at any of our meetings or events. There is no need to commit to coming to every meeting. We aim to be friendly and welcoming to one and all. Meetings start at 7.30pm and are held at the Hurst Chapel. If you want more information, please contact me on [vgwillim@coachwork.co.uk](mailto:vgwillim@coachwork.co.uk) or call me on 07799 067 457. We have also got our own Facebook page called Kingsley Bookworms.

# QUIZ NIGHT

**RED BULL**

**Sunday 29<sup>th</sup> March**

**7pm for 7:30 start**

**In aid of Kingsley Youth Club**

**£10pp inc Winter Stew**

**(veggie option available; please book in advance)**

**RAFFLE**



**PRIZES**

**Tickets available at the Red Bull**

## **Looking for something interesting to do? Think that you can help make a difference?**

Looking for a change to your weekly routine, giving something back to your community and generating a sense of achievement and satisfaction? Then your local Lions club may be able to help and, at the same time, you can meet some friendly people!

We recognise friendship as being important to most people and our members offer an immediate group of companions who enjoy social occasions together.

The Lions motto is "We Serve" and Vale Royal Lions have been serving our local community for over 40 years, in a wide area around Northwich and Winsford. Service takes many forms including practical assistance, financial help and support for other worthwhile charities. We focus on Youth and encourage them in development and welfare activities, and, at the other end of the scale, give backing to our senior citizens in various ways. Both individuals and groups approach us for help with critical issues and often we are able to help.

We are able to assist the local communities of Lions in other countries, such as those in Australia currently suffering with the bushfires disaster. We have always targeted Sight as a key health area and projects include working with the Moorfields Eye hospital in London to improve sight care in Ghana, and vision screening at primary schools in the UK is being considered.

100% of the money that we raise is donated to charitable purposes

We meet twice per month and all we ask is that members attend meetings and help with charity activities as much as their personal time allows. If you would like more information, please contact us on 0345 833 8496 (local rate)

. Everyone is welcome

## ASHCROFT VETERINARY SURGERY

59 Main Street, Frodsham, Cheshire WA6 7DF

www.ashcroftvets.co.uk



# KEEP YOUR PET SAFE THIS SPRINGTIME



### TOXIC FLOWERS

**Lillies:** particularly toxic to cats. Pollen gets onto their skin and they ingest it by licking their fur. Can cause kidney problems which can be fatal

**Tulips:** Digging dogs can ingest tulip bulbs which are poisonous

**Daffodils:** toxic to dogs and cats. The whole plant is toxic not just the bulb. Daffodil flowers contain small crystals that can cause severe tissue irritation.

**Oleander:** Every part of the Oleander plant is poisonous to dogs and cats. Can be fatal if ingested.

### TOXIC CHOCOLATE

**NO amount of chocolate is safe for your dog or cat.**

Chocolate contains an ingredient called theobromine which is poisonous to dogs and cats and is naturally found in the cocoa beans used to make chocolate.

Store chocolate away safely and securely. If you have an Easter Egg hunt, keep pets away during the hunt and make sure that you collect all unbound eggs



Telephone **01928 733228** for advice or assistance

## KINGSLEY COMMUNITY CENTRE - REGULAR ACTIVITIES

<b>Monday</b>	09.20-10.20	Zumba
<b>Tuesday</b>	18.00-19.00	Karate
<b>Wednesday</b>	13.30-14.30	Tai Chi
	19.00-21.00	Yoga
<b>Thursday</b>	09.30-10.15	Pure Stretch
	19.00-21.00	Kingsley Youth Group
<b>Saturday</b>	9.45-10.45	Zumba
<b>Sunday</b>	14.00-16.30	Kingsley Youth Theatre

### Additional Events for March

4 <sup>th</sup> March	7.30pm	Women's Institute
9 <sup>th</sup> March	8.00pm	Gardening Club

**\*\*Save the date 13<sup>th</sup> March - Cheshire Rural Touring Arts "Clouds"\*\*\***

The centre has a great dance floor - it's a fabulous venue for a party, be it Birthday, Anniversary, Retirement or Wedding Celebrations. Children's parties are particularly popular - AND GREAT NEWS, BOUNCY CASTLES ARE BACK.

There is potentially something here of interest for everyone: it is truly a Centre for the community.

Rooms are available for hire at the Centre from as little as £20. We can also hire out at an hourly rate where appropriate. Contact: Heather Hayes, Booking Secretary, email: [bookingskca@gmail.com](mailto:bookingskca@gmail.com)

## Women's World Day of Prayer

Service  
Frodsham Methodist Chapel  
March 6th at 1.30  
Praying with the women of Zimbabwe.  
Everyone welcome.

*On Stage Near You*  
**Not already enjoying local shows? You really ought to get out more.**

**At Frodsham Players their award-winning director Iain Bennett returns with *Visiting Hours* by Richard Harris, at Frodsham Community Centre. Six short plays based around the theme of hospital visiting hour provide fertile ground for these comedies and dramas. A fascinating mix from a well-known writer. 25<sup>th</sup> to 28<sup>th</sup>, <http://www.frodshamplayers.com/>**

**What's on elsewhere in March?**

2<sup>nd</sup> to 7<sup>th</sup> Altrincham Garrick - ***When the Rain Stops Falling*** by Andrew Bovell described as an utterly compelling drama.

<https://www.altrinchamgarrick.co.uk/shows/when-the-rain-stops-falling/>

4<sup>th</sup> to 7<sup>th</sup> Theatre Clwyd – Tip Top present *Cheshire Cats* by Gail Young. A popular comedy with another chance to see. Grown women, aching feet and heaving bosoms! Follow the "Cheshire Cats" team as they aim to speed-walk their way to fundraising success in the London Moonwalk.

<https://www.chestertheatre.co.uk/cheshire-cats/1248>

7<sup>th</sup> – 14<sup>th</sup> Chester Little Theatre – ***The Ladykillers*** by John Linehan. This is a popular classic which seems to be doing the rounds recently but well worth seeing if you have missed it. A sweet little old lady, alone in her house, is pitted against a gang of criminal misfits who will stop at nothing.

<https://www.chesterlittletheatre.co.uk/events/the-ladykillers-by-graham-linehan-directed-by-john-turner/36>

15<sup>th</sup> – 21<sup>st</sup> Altrincham Little Theatre – ***Dead Certain*** by Marcus Lloyd. A taut psychological thriller explores the relationship between an out of work actor and a wheelchair bound playwright. [www.clubtheatre.org.uk](http://www.clubtheatre.org.uk)

26<sup>th</sup> to 28<sup>th</sup> Tarporley AD – at Tarporley Community Centre - ***Thanks for Having Me***, a comedy by Roz Mozzuri, <http://www.tarporleyads.co.uk/>

**Youth Theatre**

25<sup>th</sup> – 28<sup>th</sup> Nantwich Players Theatre - NP Youth present ***Wind in the Willows*** by Kenneth Grahame (adapted by John Morley) with an up to date telling of this classic tale. <https://www.nantwichplayers.com/plays/np-youth-the-wind-in-the-willows/105>

.....and at the **professional theatres**, at Storyhouse Connections 2020 are performing ***Dungeness*** by Chris Thomson from 20<sup>th</sup> to 21<sup>st</sup> ; The Lyceum at Crewe are staging ***The Woman in Black*** from 9<sup>th</sup> to 14<sup>th</sup>, and The Brindley has Encore Productions presenting ***Adventure in Pantoland***.

**If your production or a play you have seen did not appear here then please email us and do tell us about plays you have seen by emailing [cheshireonstage@btinternet.com](mailto:cheshireonstage@btinternet.com). John Doe**



## **'Where Is the Glory'**

**Be part of a new musical by Arnold Ashbrook**

If you've ever wanted to be in a musical, now is your chance!

Kingsley Players are looking for singers for 'Where is the Glory' to be performed next February.

Written by local composer Arnold Ashbrook, it is a love story told against the background of the Jacobite Rebellion and as such requires plenty of chorus singing.

For all those interested, an event will be held at Kingsley Community Centre on Sunday March 29<sup>th</sup> at 5pm to introduce the story and songs.

So come along - you will be most welcome

Arnold Ashbrook

## **Kingsley Community Centre - Live Theatre Friday 13th March 7pm**

Time and Again Theatre, a Cheshire-based company, bring their new play, *Clouds*, to Kingsley Community Centre on Friday 13th March 7pm !

"*Clouds* is a two-act play entwining the pioneering days of early aviation with the fight for women's rights and the rise of the suffragette movement. Winifred (Freddie) Baxter is determined to become the first Englishwoman to enter an air race and fly right around the country. Her instructor, Philip, is more concerned with maintaining his own reputation as a dashing aviator, than teaching Freddie about the Blackburn Type D monoplane. *Clouds* takes Britain's 'last glorious summer' and slowly draws out the simmering tensions and stark inequality lurking beneath the surface of repressed Edwardian respectability. The set includes a scale replica Blackburn monoplane."

**Doors Open 7pm, for 7.30pm start.**

**Tickets £12 Adults, £6 under 17's tickets from The Red Bull,  
Hollands Pharmacy**

**or message 07912 280804**

Kindly supported by Cheshire Rural Touring Arts

## Kingsley Garden Club March 2020

Well if you missed Bob Worsley's talk you missed an extremely interesting and informative evening on Cyclamens, did you know there were 39 varieties? Bob is a member of The Alpine Garden Society and a grower of cyclamens, he has been on plant hunting trips looking for these amazing plants. Bob showed us magnificent show exhibits of this remarkable plant, and he brought along some of his home grown plants to buy. We had 27 members in attendance with three very welcome visitors on the night after Storm Ciara had struck, not a pleasant night, so thank you to everyone, including Bob, who braved the weather.

Our next talk is **Hardy Geraniums "The Good, the Bad and the Ugly"** to be given by **Sue Clarke on Monday 9th March 2020**; without doubt we all have a geranium in our gardens in some form or another, and possibly, at this moment on our window sills seeing the winter out. Remember we also have our very popular swaps table, which is going from strength to strength and your donations from this table, is helping the finances of the club.

### Things to do in the garden in March....

- Protect any new green shoots from those pesky slugs
- Consider planting your early potatoes and onion sets
- If you have been shopping at the garden centre then don't forget to plant summer flowering bulbs.
- If you haven't done already, lift and divide over large clumps of perennials
- Top dress containers with some fresh compost your plants will love it.
- Apply feed to rose trees and shrubs to give them a boost after winter.
- Cut back Dog Wood (Cornus) to ensure lovely coloured winter stems.
- Prune rose bushes if you haven't done already
- And if you must, when your lawn is DRY, mow it with the blades set high.
- Apply a good lawn fertiliser later on in March to ensure good strong growth.



### Kingsley WI

**Our next meeting on Wednesday 4<sup>th</sup> March will be  
'My Life as an Artist' with Emily Speed**

**The meeting on Wednesday 1<sup>st</sup> April will be  
'That Certain Age' with Gay Rhodes**

**Meetings are at 7.30pm on the first Wednesday of the month  
in the Community Centre  
Visitors are always welcome**

## METAL DETECTORIST

An honest, 73 year old Kingsley resident of 30 years, is trying to fill his time pursuing one of his hobbies, metal detecting, and is looking for land/fields, locally, on which he can detect. Totally cognisant of applicable laws re' finds etc and happy to enter into any agreements re' finds, and respectful of any boundaries or conditions imposed and any historical artefacts that might be found, and is keen to add to Kingsley's History should anything pertinent be unearthed. Is a member of the NCMD (National Council for Metal Detecting) and fully insured. Can supply any references should they be required.

Thank you in advance.

Barry Gaskell.

01928788809. 07963658337

[Barry.gaskell90@btinternet.com](mailto:Barry.gaskell90@btinternet.com)

## LITTER PICK UPDATE

On the 15th of February, in appalling weather, 8 members of the litter pick team collected 9 bags of litter.

The next litter picks are on Saturday March 21st and Saturday April 25th.

It would be lovely to have some new members of the team.

We meet at the Community Centre at 10.00 with all equipment provided. Please consider joining us.

## AMY BORDAS YOGA

Booking is now open for our popular **YOGA COURSES** relaunching in **KINGSLEY** and **FRODSHAM!** Our **inclusive** yoga courses are **supportive**, offer **modifications for different physical needs** and are taught from a place of **knowledge and experience**. Courses are available for **all levels**, from the absolute beginner to the more experienced yoga practitioner.

**Places are limited and pre-booking is essential on our popular courses**

To book your place or for further details of our courses, contact Amy via Email [amybordasyoga@gmail.com](mailto:amybordasyoga@gmail.com) or visit our **FACEBOOK PAGE: amybordasyoga**

NAME OF COURSE	LOCATION	COURSE DETAILS
<b>BEGINNERS INTRODUCTION TO YOGA</b> (6 WEEK COURSE)	FRODSHAM PARISH HALL	<b>MONDAY 3<sup>RD</sup> FEBRUARY – 9<sup>TH</sup> MARCH</b> <b>TIME: 6.45 PM – 7.45 PM</b>
<b>YOGA: MOBILITY, STRENGTH, FLEXIBILITY</b> (6 WEEK COURSE)	FRODSHAM PARISH HALL	<b>MONDAY 3<sup>RD</sup> FEBRUARY – 9<sup>TH</sup> MARCH</b> <b>TIME: 8.00 PM – 9.00 PM</b>
<b>YOGA: MOBILITY, STRENGTH &amp; FLEXIBILITY</b> (6 WEEK COURSE)	<b>KINGSLEY COMMUNITY CENTRE</b>	<b>WEDNESDAY 5<sup>TH</sup> FEBRUARY – 11<sup>TH</sup> MARCH</b> <b>TIME: 7.00 PM – 8.00 PM</b>
<b>GENTLE YOGA: MOBILITY, STRENGTH &amp; FLEXIBILITY</b> (6 WEEK COURSE)	FRODSHAM PARISH HALL	<b>THURSDAY 6<sup>TH</sup> FEBRUARY – 12<sup>TH</sup> MARCH</b> <b>TIME: 6.15 PM – 7.15 PM</b>
<b>YOGA FLOW: CORE STRENGTH &amp; FLEXIBILITY</b> (6 WEEK COURSE)	FRODSHAM PARISH HALL	<b>THURSDAY 6<sup>TH</sup> FEBRUARY – 12<sup>TH</sup> MARCH</b> <b>TIME: 7.30 PM – 8.30 PM</b>

**COST: £40 FOR 6 WEEK COURSE.**

Can't make a class? Move flexibility between classes in a 6-week course block!

## **United Benefice of Norley, Crowton & Kingsley**

All our family services have a Sunday School each week apart from the 2<sup>nd</sup> Sunday Family Morning Worship which is a contemporary service and caters for everyone.

### **Sunday 1<sup>st</sup> March**

10.00 am – Family Holy Communion – Norley  
6.30 pm Sacred Space at Christ Church Crowton

### **Sunday 8<sup>th</sup> March**

8.30 am – Traditional Holy Communion - Crowton  
10.00am – Family Morning Worship - Kingsley  
6.30 pm – Evening Prayer (sung) at Norley

### **Sunday 15<sup>th</sup> March**

10.00 am – Family Holy Communion – Crowton

### **Sunday 22<sup>nd</sup> March Mothering Sunday**

We Welcome our Church Schools as they join us for -

10.00am – Family Morning Worship at Norley, Crowton and Kingsley Churches

### **Sunday 29<sup>th</sup> March**

10.00am Family Holy Communion joint service at **St John the Evangelist Alvanley**

### **Midweek Holy Communion Services – Thursdays at 10:00am**

5<sup>th</sup> March at Kingsley. 12<sup>th</sup> March at Norley

19<sup>th</sup> March at Crowton 26<sup>th</sup> March at Kingsley

**A warm welcome awaits you at any of these services**

**Associate Minister: Rev'd Hilary Merrington 01928 788087**

[hilary.merrington@btinternet.com](mailto:hilary.merrington@btinternet.com) Website: [nck.org.uk](http://nck.org.uk)

### **Coffee Mornings**

Friday's 6<sup>th</sup> March and 3<sup>rd</sup> April - Kingsley Church Room

Join us for a drink and chat from 10:00am.

Everyone welcome

## **FOR SALE**

Portable Pride power Go-Chair. No longer needed. Purchased Feb 2019 £1395.  
Only used a few times. Excellent condition. £599.

Lars dual motor riser/recliner chair. Purchased March 2019 £780. Excellent condition. £450.

01928 788801 or 07814984325

**Sarah Hughes**  
**Sports Massage Therapy**

- Sports Massage – deep tissue to correct problems, release tension and restore balance
- Head Massage – relaxing, tension and stress release
- Kinesio Taping – therapeutic benefits

Mobile – 07961045495

Email –

[sjhughes2001@gmail.com](mailto:sjhughes2001@gmail.com)

Strictly by appointment only

**The Hurst Church**

**Soup Lunch on**

**Monday 9<sup>th</sup> March**

**Meal served at 12 noon.**

\*\*\*\*\*

**Home-made Soups, Puddings**

**Tea and coffee**

**- only £3.00 all in.**

\*\*\*\*\*

All proceeds this month in aid of  
"Water Aid". If you have not been  
before you will be warmly welcomed and  
enjoy a friendly chat whilst eating  
delicious home-made soup and pudding.

Really good selection of both !!!

There is even a small raffle with many  
small prizes to be won!!!

All ages welcome



**FOREVER BEAUTY**

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## **WORSHIP AT THE HURST METHODIST CHURCH**

### **Sunday 1<sup>st</sup> March**

10:00 am - Morning Worship at The Hurst: Mr. P Davidson

6:30pm - At Blakelees Chapel: Mr. J. Bell

### **Sunday 8<sup>th</sup> March**

8:15am - Holy Communion: Revd. D. Bintliff

10:00am - Morning Worship at The Hurst: Mrs. N. Hughes

6.30pm - At Blakelees Chapel: Revd. A. Gibson

### **Sunday 15<sup>th</sup> March**

10:00am - Morning Worship at The Hurst: Revd. D. Bintliff (inc Holy Communion)

6.30pm - At Blakelees Chapel: Pastor N. Willis

### **Sunday 22<sup>nd</sup> March**

10:00am - Morning Worship at The Hurst: Revd. I. Rigby

6.30pm - At Blakelees Chapel: Revd. D. Bintliff (inc Holy Communion)

### **Sunday 29<sup>th</sup> March**

10:00am – Morning Worship at The Hurst: Revd. D. Bintliff

6.30pm – At Blakeless Chapel: Revd. N. Stacey (Superintendent)

All are truly welcome; please come and join us and bring children, grandchildren and friends.

## **KINGSLEY YOUTH GROUP**



### **Kingsley Youth Club**

Is held on Thursdays

School Years 4 to 6

5:30 – 7:15pm

School Years 7 to 11

7:30 – 9:00pm

At Kingsley Community Centre

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Youth club is for young people in school years 4 to 11. We offer a variety of activities on Thursday evenings and the support of qualified youth workers. If you'd like to try it, just come along to a youth club session, complete a form and join in the fun!

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## Dates in March 2020

Wed 4 <sup>th</sup>	At The Hurst: - Lent Group Led by Revd D Bintliff at 10:00am
Mon 9 <sup>th</sup>	At The Hurst: -Soup Lunch at 12 noon in aid of 'Water Aid'
Tues 10 <sup>th</sup>	At The Hurst: - Guild Talk by Revd Mal Martin, Chaplaincy Kingsley Walking Group. Meet at KCC 9.00am Volunteer at Thorn Cross at 7.30pm
Wed 11 <sup>th</sup>	At The Hurst: – Lent Group at 10:00am
Wed 18 <sup>th</sup>	At The Hurst: – Lent Group at 10:00am
Fri 20 <sup>th</sup>	At The Hurst: - Men's Brunch at 10.30am
Sun 22 <sup>nd</sup>	Mother's Day
Tues 24 <sup>th</sup>	Kinsley Walking Group. Meet at KCC 9,30am
Wed 25 <sup>th</sup>	At The Hurst: – Lent Group at 10:00am
Thurs 26 <sup>th</sup>	Tea at Two-Thirty at The Wyches at 2.30pm

Every Tuesday in term time Barneys Buddies for all pre-school children, all are very welcome at the Hurst Church. From 9.00am-11.30am

Every Thursday 9-10 am in term time there is a Mums Drop –in at The Hurst. Come and meet other Mums and enjoy chat and scones.

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