



WE DISCOVER, WE GROW

Girlguiding

506251

Secret message

Feel like a secret agent with this cool art trick!

What you'll need:

- White paper (not too thin)
- White wax crayons or a white wax candle
- Water soluble paint

Write an "invisible" message with the candle or crayon, then ask a friend to paint over it and watch her amazement as she sees your message appear! Give it a try.

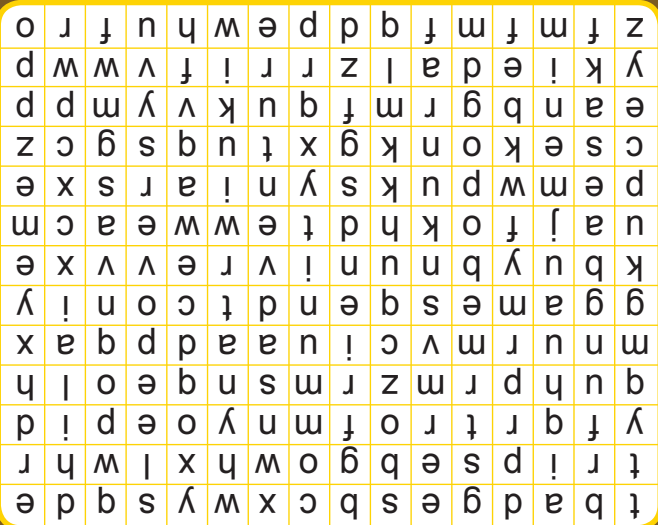
Why not try writing your message here or drawing a picture instead?



Brownies

Try out something new today

We do cool stuff



- Words to search for:
- ☐ Fun
 - ☐ Adventure
 - ☐ Badges
 - ☐ Sleepovers
 - ☐ Trips
 - ☐ You
 - ☐ Community
 - ☐ World
 - ☐ Friends
 - ☐ Games

Word search

Can you find all 10 words hidden in our Brownie themed wordsearch?

Once you've found all new hobbies, play music, explore other cultures and get adventurous outdoors.

About Brownies

Brownies

www.girlguiding.org.uk/

Find where your nearest Brownies meet:



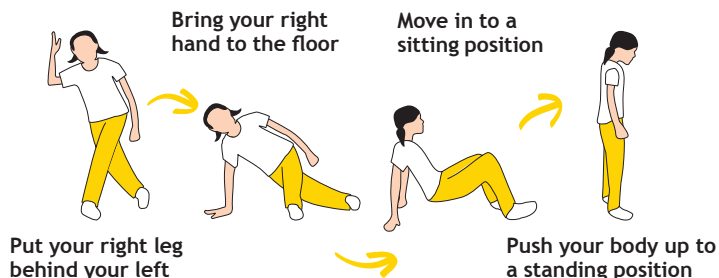
Welcome

Brownies opens up a world of exciting challenges and the opportunity to try new things and to make brilliant friends. Brownies are girls aged seven to ten who become a member of a Six and follow a programme called the Brownie Adventure.

Let's dance

Can you do the floor slide push-up?

Challenge your friends to see who can do it best!



Cook up some fun

Energy boost bars

Ingredients:

- 50g butter
- 200ml runny honey
- 50g brown sugar
- 80g wholemeal flour
- 150g rolled oats
- 100g chopped nuts (leave out if you don't like nuts)
- 150g mixed seeds
- 180g dried fruit of your choice

Equipment:

- Shallow baking tin
- Greaseproof/baking paper
- Saucepan
- Wooden spoon
- Large bowl
- Spatula
- Knife

What to do:

1. Preheat the oven to 180°C/Gas 4. Grease and line the baking tin.
2. In a pan over a low heat, melt the butter, honey and brown sugar and mix together. Remove from the heat and stand on a heatproof mat or surface.
3. Stir the rest of the ingredients together in the bowl, then pour in the mixture from the pan and mix together until everything is combined.
4. Tip the mixture into the prepared tin and press it down with the back of your spoon until even. Bake in the oven for 25 minutes.
5. Cool in the tin for one hour and cut into bars.



Sleepover games

Game 1

Ancient mummy wrap

Divide into groups of three and have two rolls of loo paper for each team. One person will be the 'mummy' and the other two will get the rolls of loo paper. The first team to wrap their mummy using all the paper wins!

Game 2

Musical sleeping bags

Clear a space and lay out all the sleeping bags. Put one less bag than there are players. Play a song and start walking around the sleeping bags. When the music stops everyone has to get inside a sleeping bag. Whoever is left out is out of the game! Each time remove one sleeping bag until there are only two players and one bag left.

Look Around

See if you can spot the things in the list below when you are out and about where you live. Tick each item as you spot it.

Try to get them all!

- | | |
|---|---|
| <input type="checkbox"/> War memorial | <input type="checkbox"/> Train, bus or tram station |
| <input type="checkbox"/> Red letterbox | <input type="checkbox"/> Clock |
| <input type="checkbox"/> Historical building (such as a church, castle, old pub or town hall) | <input type="checkbox"/> A place where people work |
| <input type="checkbox"/> Library | <input type="checkbox"/> A place where people play |
| | <input type="checkbox"/> Public park or green |
| | <input type="checkbox"/> The number 6 |

Say hello

Find out how to say hello to Brownies around the world!

Czech



Dobry den
(dobree den)

Polish



Czesc
(chesht)

Dutch



Hallo
(HAH low)

Turkish



Merhaba
(MERhaba)

Norwegian



Hei
(hay)

French



Salut
(sa-loo)

