

KINGSLEY NEWS

THE NEWS AND VOICE OF YOUR COMMUNITY

A P R I L 2 0 2 4



Newsletter Highlights

An Adventure Across the Atlantic - Clipper Round the World Challenge

Kingsley Walkers

Frodsham Festival of Walks

Kingsley Book Club

Kingsley Garden Club

Kingsley WI



KINGSLEY
COMMUNITY
ASSOCIATION

A registered charity
Charity number: 503072

Online edition at www.kingsleyvillage.co.uk

Kingsley Community Association - Committee Members

<i>Chairman</i>	Elizabeth Batey - Tel: 788788
<i>Vice Chairman/Kingsley News Editor</i>	Steve Easton - kingsleynewseditor@gmail.com
<i>Treasurer</i>	Heather Jones - Tel: 788104
<i>Bookings/Secretary</i>	Heather Hayes - Tel: 788494
<i>Council Members elected</i>	Vic Wodhams, Carol Rowlands, Anne Kavanagh (In addition, one representative from each affiliated group supports the committee)
<i>Printing: Simon Batey; Printing Support: Jane Wodhams; Distribution Co-ordinator: Carol Rowlands</i>	

Kingsley Community Centre: Regular Weekly Classes

Tai Chi	Monday	10.30am to 11.30am	liverpooltaichi@gmail.com
Gentle Yoga	Monday	6.15pm to 7.30pm	helenjanetwoodcock@gmail.com
Pilates	Tuesday	12pm to 1pm	dickienad@yahoo.co.uk
Karate	Tuesday	6pm to 7pm	dan@kenshinryu.co.uk
Yoga	Tuesday	7.30pm to 8.30pm	bjerkam@hotmail.co.uk
Gentle Exercise	Wednesday	11am to 12noon	helenjanetwoodcock@gmail.com
Yoga	Wednesday	7.30pm to 8.30pm	will@yogaandhealingcheshire.co.uk
HiiT	Thursday	6.30pm to 7.30pm	info@alutotraining.com

Community Centre Standard Hire Charges	Whole Centre	The Hall	Club Room	Green Room
Friday or Saturday Evening 6pm to 11pm	£90	£50	£45	£45
Sunday to Thursday Evening 6pm to 11pm	£60	£40	£30	£30
Sunday to Friday 8am to 12 pm or 1pm to 5pm	£45	£30	£20	£20
Saturday 8am to 12pm or 1pm to 5pm	£50	£35	£25	£25
8:00am to 11pm (All Day)	£150	£90	£75	£75

Rooms can be hired for an hourly rate of £15 per hour.

There is a standard charge of £35 per session for the provision of the bar.

FROM THE EDITOR

Welcome to the April 24 edition of Kingsley News,

In this month's edition we have a fantastic article written by Stuart Begg, chronicling his adventure crossing the Atlantic competing in the Round the World Challenge. It is a compelling read and truly inspirational. Many thanks to Stuart for sharing this experience.



Next month's front cover theme is pets about Kingsley, so please do send in your snaps of your favourite pet, taken in or around the village. Your pet could well appear pride of place on May's front cover!

Frodsham Festival of Walks starts at the end of the month and looks very exciting with walks suitable for every age.

I thought that it might be prudent again to share the costs to advertise in Kingsley News. They are exceptionally competitive and can be found below. Along with our volunteers, advertisers also enable Kingsley Community Association to continue to keep Kingsley News a free publication. Do get in contact if you wish to place an advert.

Best Wishes
Steve

I hope you continue to enjoy reading this edition and please do give feedback too. Please, don't forget that Kingsley News is also available in digital format on the Kingsley village website, www.kingsleyvillage.co.uk.

*Photos/Articles for the newsletter to be sent to the Editor at
kingsleynewseditor@gmail.com
Copy deadline the 21st of the month.*



Advert size (A5)	Colour	Black & White
Full page	£40	£24
1/2 page	£20	£12
1/4 page	n/a	£6

KINGSLEY BOOK CLUB



The Kingsley Book Club met in March to discuss our thoughts on 'The Young Accomplice' by Benjamin Wood.

The 4th novel by award winning Benjamin Wood set in the 1950's with flashbacks to the 30's two young siblings get the chance to join an architect couple as apprentices. They live and work together on the Surrey farm where the Mayhoods' idealistic practice is based: tilling lessons in the morning; draughting classes in the afternoon. A happy time is had for a while, until Joyce's dark past follows her.

A very atmospheric book we were soon all in the 1950's with the rolling countryside and a simpler life. A quick and easy read opened multiple discussions ranging from the idealistic 'belief & opportunity' , Nature vs. nurture, the restrictions for women in the 1950's, how borstal worked for males and not females to the impact of war.

The main character Joyce split opinion with a lively debate on if she was a damaged, fragile young woman that needed more than the limited 1950's could offer women or a self centred lying manipulative young woman who made multiple wrong choices in her life. The book highlighted beautifully how the siblings coped differently with their early tragedy. Although our love/hate of Joyce did give us a good subject we all agreed the other 3 main characters added multiple layers to the story each having to cope with what life had thrown at them.

After a lively debate it was good to finish in agreement that even with the disappointing end we highly recommend this book each giving a high score.

At our next meeting* on the 11th April we will be discussing 'Trust' by Herman Diaz.

We meet at Kingsley and Newton Village Institute on a Thursday evening (usually the first Thursday of each month). If you would like more details, please contact me on janet.owen10@outlook.com

* Due to KNVI hosting a quiz on 11th April, we will not be at the Institute please contact me if you would like to join us



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Kingsley St John's CE Aided
Primary School

Our Falcons and Barn Owls completed some fantastic independent writes. Y5/6 wrote their own Viking saga whilst Y3/4 used their knowledge of Blue Whales to create an information leaflet about these amazing creatures.



We celebrated World Book day on the 7th March by holding a book café and inviting our parents. The children were able to share some favourites, explore different genres and enjoy some cake whilst developing their love of reading.

Thank you so much to the co-op who let us sell cakes at lunchtime. We are raising money to support the Walton Centre and the Stroke Association who are doing a fantastic job caring for our Mrs Cowell. We were blown away by the generosity and kindness of our village community. Well done to our school council and house captains for leading our fundraising.



**We raised
£206!**



01244738434



Hollow Lane, Kingsley, Cheshire, WA6 8EF



admin@kingsley-st-johns.cheshire.sch.uk

AN ADVENTURE ACROSS THE ATLANTIC



I have recently competed the first Leg of The Clipper Round the World Sailing Challenge that began in late August 2023. An Atlantic Crossing from Portsmouth to Uruguay, over 7,250 nautical miles in 40 days.

The event is a record-breaking 40,000 nautical mile race around the world on 70-foot ocean racing yachts over 11 months. The route is divided into eight legs and between 13 and 16 individual races including six ocean crossings. You can choose to complete the full circumnavigation (if you're mad enough) or select single legs (for the only slightly less mad).

The brainchild of Sir Robin Knox-Johnston, the first person to sail solo non-stop around the world, the first Clipper Race took place in 1996. Since then, almost 6,000 Race Crew from all walks of life and more than 60 nations have trained and raced in the Clipper Round the World Yacht Race; the only race in the world where the organisers supply a fleet of identical racing yachts (eleven), each with a fully qualified skipper and first mate to safely guide the mixed experience crew.

My journey started in 2014 when I saw a poster advertising the event, but it took me seven years to sign up. The decision was not taken lightly especially as I had limited sailing experience, but I needed a challenge. I didn't realise at the time how challenged I would be physically and mentally.

The pre-race experience included four weeks of intense training and assessment on the water in the Solent & English Channel, learning to tie knots and bake bread (essential skills trust me).

Reality came round very quickly and sailing out of Portsmouth harbour at the start of the race was surreal. A mixed bag of emotions with the festival atmosphere, the crowds of well-wishers and families waving all 11 boats off on Leg 1. I was assigned to the UNICEF sponsored boat which was nicknamed the big blue.

Our UNICEF boat had a crew of twenty from eight countries split into two watches. We were expected to participate in all the tasks on board from helming, changing sails, mother watch, maintenance, repairs, engineer to navigation and the rest. Some of people were more suited to certain tasks and as we got to know each other we became more efficient working together. But I have to admit there were occasions where it was "all hands-on deck", just getting on with it.

One of the biggest hurdles to face was the lack of sleep and recuperation, averaging a maximum of 3-4 hours a day and often interrupted.



Leg 1 involved two ocean races. The first race was from Portsmouth to Cadiz in southern Spain. We had an uneventful start to the race through the English Channel before we entered the Bay of Biscay where we were greeted by a deep low-pressure system, biblical seas, and storm force winds. Most of the crew were battered, bruised and seasick. To say it was challenging was an understatement. The general conversation was “why are we doing this? I’m going to get off at the first stop”. Strangely however, after 5 days rest in Cadiz with great hospitality we were all eager to go again.

The second race involved sailing from Cadiz to Uruguay, down the West Coast of Africa, routing towards the Canaries and Cape Verde, across the Atlantic and down the east coast of South America.

As we headed south, the weather became warmer, and the Trade Winds carried us southwards with warm sun, constant breeze and long days with the spinnaker flying; and speeds of up to thirty knots. It was almost a pleasant experience while it lasted..... Unfortunately, up ahead less clement conditions awaited us.

The dreaded Doldrums with fickle wind holes, seas like glass and then sudden squalls. Turbulent winds and rain coming through every day combined with intense temperatures. What a roller coaster, we didn’t know what to expect next. The boat and the crew experienced massive highs and lows literally, at some points temperature below deck hung around the 50 o C mark.

As we crossed the Equator to appease King Neptune (an old seafaring tradition) we held a celebratory ceremony on board. Non-alcoholic beverages, cakes and crew members acting out roles in costumes/wigs was a much need light relief as we from the Northern to the Southern Hemisphere.

Throughout the trip the wildlife was spectacular. Flying fish and schools of dolphins, followed the boat daily, along with close sightings of whales. The variety of seabirds was amazing. Some nights the sky was jaw dropping, immense and spectacular, beyond words or photos.

After 31 days at sea experiencing the vastness of the oceans without sight of land, we arrived in Punta del Este in Uruguay, the Miami of South America. Exhausted but elated we were treated to a fantastic Latin welcome. This was followed by spectacular events and parties put on by the local yacht club over a week of R&R. A great end to a great adventure for me.

I was sad to leave the boat and I will cherish all the friendships I have made. As I reflect on the whole experience, the ups and downs literally I am so glad I challenged myself. The realisation that the ocean does not distinguish between an experienced or novice sailor, there is nowhere to hide, and it does not matter how well you think you are prepared for a race like this; things happen. During the sail south, several of the crew were injured or were taken ill. The boat was also damaged and at times we lost the use of vital equipment, and navigation instruments. How we handled these events was very much part of the journey for me.

I continue to support the boat as it sails around the world through WhatsApp groups, the Big Blue web site and Clipper Race Viewer. During April the fleet will be tackling the Mighty 8000-mile Pacific crossing from China to Seattle which is promised to be a daunting race and I wish them all the luck for safe passage.

If you want to find more about Clipper or follow the race, please visit their web site <https://www.clipperroundtheworld.com> or support the UNICIF boat <https://thebigblueclipperboat.com/>

This is not the end of my adventure as I have just signed up to crew on the USA COAST-TO-COAST LEG in 2026 – sheer madness.....

Stuart Begg
FOB Architecture Ltd



Scott Architecture

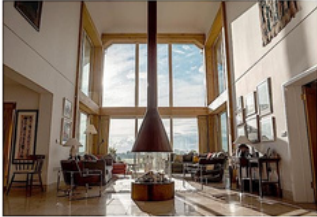
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VOLUNTEERING OPPORTUNITY



I have been incredibly fortunate to secure a series of bucket collections as part of a Charity of The Year Partnership between ourselves 'Alzheimer's Society' and 'Run Cheshire'. I have provided the dates and times that we require volunteers. Also, I would like to state that it isn't mandatory to do all the bucket collections, even if you can just help with one, it would be appreciated.

Mid Cheshire 5K-

Location: Kingsley

Date: 26th April 2024

Needed at-6:15pm until 9:00pm

Mid Cheshire 5K

Location: Kingsley

Date: 23rd August 2024

Needed at 6:15pm until 9:00pm

Please, email Jess.Mackenzie@alzheimers.org.uk if you can support with these bucket collections.

Norley Wednesday Group

Meets at Norley Village Hall each Wednesday 2pm

We have a varied programme of Speakers / Singing Groups / Bands / Exercises / Bingo sometimes.

Coach Trips. Meals out.

Everyone is welcome. Do come along and join us.

NCK

YOUTH CLUB

TABLE TENNIS
TABLE FOOTBALL
CRAFTS
BALL GAMES
TUCK

6:30-7:45pm

FRIDAY, 19 JANUARY £1

FRIDAY, 16 FEBRUARY

FRIDAY, 15 MARCH

FRIDAY, 19 APRIL

CHILL, CHAT, GAMES

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YEAR 6+

St John the Evangelist, Kingsley

We are part of the United Benefice of Norley, Crowton and Kingsley with Alvanley and Manley

Services in April 2024

Sunday 7th April

10.00 am Holy Communion at Norley
6.30 pm Sacred Space at Crowton

Sunday 14th April

10.00am Holy Communion at Crowton
6.00pm 2nd Sunday @ 6
at NCK Centre, Norley

Sunday 21st April

10.00am Holy Communion
at Kingsley

Sunday 28th April

8.30am Holy Communion (BCP)
at Crowton
10.00am Holy Communion at Alvanley

Mid-week Holy Communion all at 10.00 am

4th April at Crowton
18th April at Norley
11th April Kingsley
25th April at Crowton

Associate Minister Revd. Hilary
Merrington

Tel: 01928 788087

Email: hilary.merrington@btinternet.com
Church website www.nck.org.uk

Worship at The Hurst Methodist Church

April 2024

Sunday 7th April

8.30am Holy Communion
led by Revd N Stacey
10am Morning Worship
Local Arrangement

Sunday 14th April

10am Morning Worship
led by Revd M Harwood

Sunday 21st April

10am Holy Communion
led by Revd I Rigby

Sunday 28th April

10am Morning Worship
led by Mr A Ellams

A warm welcome awaits all who wish to attend.

We are anxious the most vulnerable of our community feel safe, so ask that you please do not attend if you have cold or flu symptoms.

Feel free to wear a mask if you wish.

KINGSLEY PRAYER DIARY



Each week of the year Christians in Kingsley pray specially for people in a different area of the village and its surroundings. During April we think of, and pray for people living in: -

W/c Apr 7th	Cooks Hill
W/c Apr 14th	Pike Lane, Wood Lane, The Clough
W/c Apr 21st	Roddy Lane and Beech Lane
W/c Apr 28th	Chapel Avenue

We invite you to add your own prayers

Coffee and Chat

Please come and join us each
Tuesday morn 10am at the Hurst
Methodist Church

For 'Coffee and Chat', meet old friends
and new.



You will be most welcome.



They're back- two of our pre lock
down favourites – please come and
join Us

Tea at 2.30 – Thursday, 25th April
2024 at 2.30pm at The Hurst
meeting room for tea / cake

Men's Brunch – Friday, 26th April
2024 at 10.30am at The Hurst
meeting room for bacon / sausage
bap

Please come and join us.

Jesus is risen! He is risen indeed!

Words of joy proclaimed across the world on Easter Sunday as we remember and celebrate Jesus' resurrection.

In the story of Jesus last few days prior to his crucifixion and resurrection, there are two bowls of water. One is used by Pilate to 'wash his hands of Jesus', absolving himself of all responsibility for Jesus' crucifixion even though, deep down, he appeared to know that it wasn't the right thing to do. If you haven't read the story for a while, it's worth looking up. You'll find it in Matthew chapter 27. It has echoes of the power politics that trouble politicians today.

The other bowl, in an incident that proved somewhat puzzling to his followers, Jesus knelt on the floor and began, despite their protestations, to wash his disciples' feet. In response to their unease at what he was doing, he simply said, "If I don't wash you, you can't be part of what I'm doing." We sometimes refer to Jesus as the Servant King, and servanthood and love are the essence of this simple act.

The two bowls are always before us in life. The one where ignore or even shun people whom we see as different or somehow 'unworthy'. We literally and figuratively wash our hands of them.

The other bowl is one where with love we serve the needs of others. We do this in many different ways. In the care and generosity we show to neighbours, friends and sometimes to strangers whose paths cross ours. A sacrificial love where we give of ourselves and expect nothing in return.

Easter invites us to remember Jesus, his story and all he teaches about how to live and to relate to one another with kindness and in love. He entrusts to us the future of our communities, locally, nationally and globally.

When in the Upper Room, just before his arrest, trial and crucifixion, Jesus washed people's feet. Feet dirty from walking along dusty roads barefoot. A simple but meaningful act. And simple and meaningful then as now. An act of service. And that is what he calls us to do too. To serve others. To be there for others. To show love to others.

Two bowls of water. One of absolution of responsibility, one of love.

Gail Fullbrook – Reader NCK Benefice with Alvanley and Manley



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FRODSHAM FESTIVAL OF WALKS

20TH ANNIVERSARY

FRIDAY 26 APRIL – MONDAY 6 MAY

44 WALKS AND WANDERS IN THE AREA.

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FAMILY TREASURE HUNT, FOREST SCHOOLS. ART TRAIL. BAT, BIRD, DOG, FLOWER, FORAGING AND PUB WALKS. WALKS BY THE RIVER, CANAL, ON THE BEACH AND AN ISLAND. THROUGH SNICKETS, ORCHARDS, WOODS AND FORESTS - EVEN LITTLE SWITZERLAND. WHY NOT LEARN ABOUT OUR LOCAL HERITAGE, FRODSHAM'S ANCIENT AND MODERN PLACES OF WORSHIP AND PROTECTED GEOLOGICAL SITES? PERHAPS TRY A GENTLE WELLBEING OR MINDFULNESS WALK - AND THERE'S MUCH MORE INCLUDING **20TH ANNIVERSARY COMMEMORATIVE EVENTS AND SPECIAL GUESTS**

LOOK OUT FOR OUR BROCHURES, POSTERS AND BANNERS.

FOR FURTHER DETAILS SEE OUR WEBSITE:

frodshamfestivalofwalks.uk

Facebook – FrodshamFestivalOfWalks

Instagram - FrodshamFestivalOfWalks

Or contact us: frodshamfow@gmail.com



KINGSLEY WALKERS

Goosebumps and Country Jumps



The Kingsley Walkers have been out again over the past few weeks. On February 27th we headed out to park at the old Hadlow Road station, closed in 1956, along with the Hooton to West Kirby branch of the Birkenhead Railway. It has now been restored as a museum by volunteers. There was a prominent old sign advertising Bovril but unfortunately none was available to warm us on a very cold day that stayed pretty dry despite the forecast.

The 9 mile walk started on the Wirral Way, following the old track bed. We left that at Neston cutting down to the bank of the Dee Estuary and stopping for our pack lunch at Parkgate. The cold wind sparked comments about brass monkeys. The lively conversation which is a feature of the group, suggested this was nothing to do with the appendages of male primates but referred to the practice of storing cannon ammunition on a dimpled brass plate (known as a monkey) on the decks of warships, in the age of sail. When very cold the brass contracted, pushing out the iron cannon shot. Later, in depth research on Google, revealed this also to be b@lls.

Further historical discussion recounted that nearby was the birthplace of Emma Hamilton. Sat as we were at a place labelled as the 'Donkey Stand' a venerable member of the group recalled Parkgate's heyday as a resort and remembered seeing the tide coming in to lap at the minimalist sea wall.

After lunch there were some route diversions due to 'work' - in reality invisible workers and stationary diggers, behind temporary fences. Pictures are available on the Kingsley Walkers Facebook Page of our tender negotiation of the resultant muddy stretches but also of the smiles that are another feature of our walks. Appreciation to John for leading the walk, Steve for putting the photos online and Linda for her bags of sweetness and sweeties.

On March 5th, 16 walkers set off from Egg Bridge in Waverton encouraged on by a sunny morning, naysaying a miserable forecast. Walking along the Shropshire Union canal another venerable group member (possibly an eyewitness) mentioned the nearby site of the Civil War Battle of Rowton Moor.

I didn't know that steeplechasing is so called because the gentry used to bet on cross-country horse races between churches. It is said that the odd, pyramid shaped, steeples of St James' in Christleton and St Peter's in Waverton were added to the existing towers by the Duke of Westminster to assist his direction finding in the saddle.

The walk passed various points of interest such as a former clay pit which is now a pleasant lake, a village pump and some picturesque almshouses. At the end of our own 5 miles cross country we galloped into The Cheshire Cat pub for a very enjoyable lunch.

Kingsley Walkers has an interesting programme and welcomes new members (contact kingsleywalkerswa6@gmail.com).

KINGSLEY TENNIS CLUB



**TENNIS COACHING
PROGRAMME
March - April 2024**

JUNIORS

LTA Youth Orange/Green (Age 8-10) - Saturdays 1-2pm - £7 Per Session -
Beginning 9th March for 6 Weeks

ADULTS

Beginner - Mondays 6.30-7.30pm - £7 Per Session - Beginning 4th March for 6
Weeks

Team Training - Intermediate - Mondays 7.30-8.45pm - £7 Per Session - Beginning
4th March for 6 Weeks

Cardio Tennis - Saturdays 3-4pm - £5 Per Session - Beginning 2nd March for 7
Weeks

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*If you would like further information on any of the above courses please contact
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theWI
INSPIRING WOMEN

Kingsley WI

All meetings are the first Wednesday of the month
at 7.30pm in the Community Centre

Wednesday 3rd April

'Healing Properties of Essential Oils'

Claire Bjerkan

New members are always welcome
For further information ring 01928 788873
or email janetlesleyfletcher@gmail.com

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DID YOU
KNOW ?

**... that the Methodist Chapel on The Hurst,
built in 1871, is the third on this site**

and that the one before it, built in 1818, was attached to the adjacent house now known as the 'Old Bakery'.

There is written evidence for this and when, 10 years ago, alterations to the front of the chapel were in progress, some existing foundations were discovered which aligned with the house...those foundations now lie buried under the ramped access to the chapel. Roughly, the 1818 building was L shaped with the short leg of the L facing the road. The long leg of the L is named, on a plan, as a school building: the implication being, maybe, that it was not used only on Sundays!

The cost of the Chapel is uncertain but the figure of £129 was paid to a Joseph Oultram; £80 was borrowed from an unnamed source; £68 from donations and collections is also recorded. These amounts are close to records of minutes in Runcorn Methodist Circuit documents of £300.

The 1818 Chapel was said to be on a 1,000 year lease!

In 1851 regular Sunday attendances at the Hurst were c. 68 congregation in the mornings and 75 in the afternoons – 38 for the morning Sunday school sessions and 30 for the afternoon ones.

Below, you will find a drawing of the properties mentioned and a model, both held at the Hurst.



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KINGSLEY GARDEN CLUB



Our next meeting is on Monday, 8th April 2024 at 8pm when our speaker will be Gordon Malt, whose talk will be 'Salvias and Ornamental Grasses'.

Gordon is a former student of Askham Bryan, Reaseheath and Edinburgh Botanic Garden. He taught horticulture and arboriculture for 10 years and has run his own business. He has fifty years' experience in horticulture/arboriculture and has a wide-ranging interest and love of plants from the smallest alpine to the largest of trees.

Gordon combines his love of growing vegetables with flowing flower borders, in a style he calls 'controlled relaxation', which sounds wonderful! . As a finalist in the 2015 Daily Mail National Garden Competition, Gordon is well placed to share his knowledge and design tips of these increasingly popular plants.

**Visitors are always welcome
at our meetings and it costs
£4 – why not come along
and find out more?**

**We look forward to seeing
you at The Community
Centre on 8th April 2024 at
8pm.**



*Kingsley Garden
Club now has its
own Facebook
page. If you wish,
you can follow the
notices and news
this way.*



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