



KINGSLEY
COMMUNITY
ASSOCIATION

KINGSLEY NEWS

May 2021



The news and voice of your village Community

KINGSLEY COMMUNITY ASSOCIATION OFFICERS

Chairman	Elizabeth Batey	788788
Vice Chairman	Steve Easton	788050
Treasurer	Simon Batey	788788
Secretary	Heather Hayes	788494
Kingsley News Editor	Elizabeth Wilson	787678
Bookings Secretary	Heather Hayes	788494

COUNCIL MEMBERS (elected)

Carol Rowlands, Vic Wodhams

COUNCIL MEMBERS (not elected)

One representative from each of the affiliated groups and clubs (NB.

This is a condition of affiliation)

CONTACT DETAILS FOR PARISH COUNCIL

Contact:	The Parish Clerk
Email:	parish.clerk@kingsleyparishcouncil.org.uk
Mailing address	The Boardroom, Hollow Lane, Kingsley, WA6 8EF
Mobile:	0074 3157679

A Word from the Editor

April has been a wonderful month, all that sunshine helps to lift the spirits and ease the misery of lockdown, as we have been able to tend our gardens and watch the spring flowers bloom.

As we come out of lockdown, the first event in the Community Centre will be Kingsley Players performance of 'TWO' starting on the 24th June. Full details on the centre pages.

The popular Garden Club swaps table has restarted in Well Lane. If you have surplus plants swap them for something new. There is also a plant stall outside the Hurst Chapel.

We hope that you've noticed that we have upgraded our printer to add colour and give us automatic collating and stapling. We'd like to take this opportunity to thank the army of volunteers who turned out year after year to collate and bundle the newsletters. Thanks are also due to Maureen Chesmore for mobilising this army of helpers.

We'd also like to thank our retiring printers who spent the time printing 600 copies of the Kingsley News for 11 months every year. Thanks to Bert Brooker, Chris Goy and John Woulds. This really has been a community effort.

Finally, the KCA committee would like to express their gratitude to Simon Batey, for his tireless efforts in sourcing, bid-writing and securing numerous grants and funds for the Community Centre. We now have a new heating system, Wi-Fi, printer and extension that provides a great platform to ensure our sustainability and future success.

Articles for the magazine to be sent to the Editor
email to kingsleynewseditor@gmail.com

Tel 01928 787678

Copy deadline is the 21st of each month

www.kingsleyvillage.co.uk



BIRTHDAY WISHES

The family of Margaret Rathbone would like to wish her a very happy 90th birthday on the 4th of May.



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Free initial interior design - we aim to help you avoid making expensive mistakes

Kingsley Walkers – Walks have restarted

We were delighted that both our walks in April took place as planned. The long walk started from the Community Centre and explored the area around the village, Norley, Crowton and Delamere. We had a great turnout and the sun shone on us. The short walk started at Kelsall and was followed by lunch at the Morris Dancer. Both walks were well attended and we were delighted to welcome many new members. Everyone is welcome.

Each month we have two walks. The Long Walk is held on the second Tuesday of the month. Generally, it's about 8 to 10 miles and is a full day out with picnic lunch. The Short Walk is held on the fourth Tuesday and is up to 5 miles long. We start and end at a pub with optional lunch. Walks are led by volunteers from the group.

Our May Walks are scheduled for May 11th (Long Walk) and May 25th (Short Walk). Both walks will set off from the Community Centre at 9.30am.

If you'd like to join us, please get in touch in advance so that we can make sure that we follow any rules that are in force at the time. All the signs are good for us being able to get back to normal very soon.

Vony Gwillim

789098

kingsleywalkerswa6@gmail.com

KINGSLEY PRAYER DIARY

Each week of the year Christians in Kingsley pray specially for people in a different area of the village and its surroundings. During May we think of, and pray for people living in: -

W/c May 2nd Chapel Lane
W/c May 9th Westbrook Road
W/c May 16th Church View
W/c May 23rd Smithy Lane
W/c May 30th Horseshoe Close

We invite you to add your own prayers

Yoga and Fitness Classes with Janet

I began teaching yoga and fitness in my mid- 30's over 17 years ago. I started out teaching a few evening classes in Frodsham and Helsby when my children were young. Once they were all in school, I went to work for the Health Improvement Team, part of NHS/ Halton Borough Council and gained lots of experience working there for 11 years. I have now returned to being self-employed and am setting up new classes once more locally.

My big passion is helping people to become fitter, healthier and happier. My key strength lies in the care and attention I take to deliver classes which are simple, safe, effective and manageable for people of all ages, abilities and at varying stages of "wellness". I am compassionate, caring, down-to-earth and light-hearted in my approach to fitness but serious about bringing a little more joy into the world.

Yoga - Mondays 6.15-7.30pm -Kingsley Community Centre

I teach a gentle style of yoga, called "Dru Yoga". It is ideal for beginners and also for people who enjoy a more relaxing style of yoga. Joints are kept soft and movements are flowing. It is wonderfully relaxing and will leave you feeling calm and peaceful. This style of yoga also helps build strength safely and can be both empowering and uplifting. It will keep you strong and flexible, both mentally and physically.

Keep Fit – Wednesdays 11.00-12.00pm- Kingsley Community Centre

I teach a Gentle Keep Fit Class aimed primarily at older adults. Easy low-impact aerobics and simple exercises to keep joints supple, muscles and bones strong and improve balance and co-ordination. Set to music, this class is fun, social and uplifting.

I am also starting classes in **Frodsham Community Centre on Monday mornings.**

Classes will restart week beginning 17th May. We will be adhering strictly to Covid-secure guidelines. If you would like to book a place or would like further information, please get in touch. Many thanks and I look forward to hearing from you.

Kingsley Garden Club - May 2021

Well what a wonderful April we have had, the ground is bone dry, next to no rain, so don't know what happened to those "April showers". The gardens are starting to burst into life with spring blossoms and all the bulbs coming into life. We have planted our early potatoes, the tomato seeds are coming along a treat and we have had a couple of crops of forced rhubarb so not to bad really.

The Committee met virtually early in April and it has been agreed that subject to infection rates and government guidance at the time, the Club will resume its monthly meetings at 8.00pm on 13th September 2021. We will be using the large hall at the Community Centre with socially distanced seating and the doors open to allow adequate ventilation. The KCA have given the Garden Club a financial incentive to resume our meetings at the earliest possible time.

It is proposed that membership renewal in September will be reduced to £12 to cover the cost of the forthcoming speakers for 2021/22. The per meeting attendance rate for those who do not wish to take out annual membership will remain at £4.00 per meeting. Details on our September speaker will be made available nearer to the time.

The Garden Club will have a "Swaps Table" outside our Treasurers house on Well Lane from May, this is open to the whole village not just club members. This operates on the basis on leaving any unwanted or surplus garden items that are still usable and in good condition, and if you find something you like why not take it away with you. The only condition is - **if you leave anything to be swapped and it is not taken within a week, you MUST remove it and take it back home, this is NOT a junk yard or an excuse not to go to the tip!**

Top tips for this month.....

Start planting out summer bedding plants towards the end of May

Remember not to cut back all that growth on your bulbs, let it die back and feed the bulbs

Thin out hardy annuals, and harden off half hardy plants during the day but put them back under cover in the evening.

Continue to divide herbaceous border perennials to create new plants and help reinvigorate the old plants

Take cuttings of fuchsia, pelargoniums and herbs.

Tie in rambling roses and sweet pea plants

And start to cut your lawns and give your lawns a spring feed.

Kingsley Players



Thursday 24th-Saturday 26th June @ 8pm

**14 DIFFERENT CHARACTERS.
2 ACTORS.
1 NIGHT.
THE LOCAL PUB.**

Meet your Landlord (Neil Silcock) and Landlady (Sue Elliott) as they steer the action through an evening of entertainment at the local pub. As the lager continues to flow, the customers just keep arriving. But as the last order bell rings, the problems underpinning our hosts' relationship are soon revealed...

An insight into the 1980s pub culture of northern Britain, expressing how northern pubs in the 1980s were a powerful source of community, just as they are now. Featuring the great hits of *Cyndi Lauper*, *Chaka Khan* and *Tom Jones* - to name a few!

Two is a brilliant comedy that we all need to hear right now. An exploration of humanity, friendship, pub-life and love in all its forms. Not forgetting the toe-tapping 1980s music and a much-needed laugh! Come pull up a stool and join us for a giggle, as we get back to normality. You will not want to miss this exciting production produced by Kingsley Players.

Full Covid risk assessments have taken place and will be adhering to the most current governmental guidelines. A limited number of pre-bookable tickets are available. Tickets cost £10 each, including a drink. Each performance at Kingsley Community Centre starts at 8.00pm lasts about an hour, with no interval.

TO BOOK TICKETS PLEASE VISIT:
Or Call 07724 892154

www.kingsleyplayers.co.uk.

We look forward to welcoming you back!

Kingsley Community Centre - Update

Our doors are open once more and we have a number of activities planned from 17th May 2021. If you are interested in any of the activities detailed below then please contact the organisers direct.

The centre continues to comply with all Covid-19 secure guidance and social distancing requirements remain in place until after 21st June. From the 21st June and, subject to there being no changes in our guidance, then the centre is also available for group bookings for birthday parties and group events. We now have the extension completed and with this extra space it means that we can have multiple activities taking place at any one time.

GENTLE YOGA	MONDAY	6.15pm – 7.30pm	helenjanetwoodcock@gmail.com
PILATES	TUESDAY	1pm – 2pm	vboote2000@gmail.com
KARATE	TUESDAY	6pm – 7pm	dan@kenshinryu.co.uk
YOGA	TUESDAY	7.45pm - 8.45pm	will@yogaandhealingcheshire.co.uk
GENTLE EXERCISE	WEDNESDAY	11pm - 12pm	helenjanetwoodcock@gmail.com
BROADWAY BOUND BODY CONDITIONING (14- 18yrs)	THURSDAY	6pm -7pm	kayleigh@believeinmagicuk.com
BROADWAY BOUND DANCE (14-18yrs)	THURSDAY	7pm -8pm	kayleigh@believeinmagicuk.com
BROADWAY BOUND MUSICAL THEATRE (7-18yrs)	FRIDAY	7pm -9pm	kayleigh@believeinmagicuk.com
ZUMBA	SATURDAY	9.45am – 10.45am	rachel_lebreuil@yahoo.co.uk

We also have the following activities planned for June and we are also pleased to be welcoming back the WI from July.

Kingsley Players “TWO” 24th 25th 26th June www.kingsleyplayers.co.uk

For further information or to make a booking at the centre then please contact the Booking Secretary (Heather Hayes) via email at booking.secretary@kingsleycommunitycentre.co.uk or on 07912 280804



Kingsley WI

We are intending (hoping) to have a meeting of Kingsley WI on

Wednesday 7th July at 7.30pm in The Community Centre.

This will be a 'social' evening, for members to catch up and find out what everyone has been doing over the past year, in and out of lockdown. We can use the big room if social distancing is still necessary and we think we will be more comfortable, but we hope to be able to have refreshments as usual.

Visitors are always welcome.

For further information ring 01928 788873 or email janettesleyfletcher@gmail.com

Kingsley Bookworms

Kingsley Bookworms is a bookclub open to all. We meet monthly and occasionally visit literature events and plays. We have been meeting throughout the lock down, mostly on Zoom. To start with it felt a bit strange but as time went on we seem to have adapted quite well. We plan to resume face to face meetings as soon as we can.

In March we read and talked about *Anxious People* by Fredrik Backman (who also wrote *A Man called Ove*). We thought it was quirky with a distinct Swedish sense of humour. On the whole it wasn't as popular as "*A Man called Ove*".

Our next book is *Pride and Prejudice* in preparation for a visit to Grosvenor Park to see the play by Storyhouse. In June we are reading *Swansong* by Kelleigh Greenberg-Jephcott.

Kingsley Bookworms meet on the second Thursday of each month and everyone is welcome to join us at any of our meetings or events. Meetings start at 7.30pm and, at the moment they are held on Zoom. If you'd like to join us or you'd more information, please contact me on vgwillim@coach-work.co.uk or call me on 07799 067 457.

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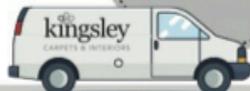
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