

KINGSLEY NEWS

THE NEWS AND VOICE OF YOUR COMMUNITY

J U N E 2 0 2 5



Newsletter Highlights

Kingsley Walkers

Kingsley Resident
becomes World
Record Holder

Disrupting Circadian
Rhythms

Kingsley WI



KINGSLEY
COMMUNITY
ASSOCIATION

Online edition at
www.kingsleyvillage.co.uk

A registered charity
Charity number: 503072

Kingsley Community Association - Committee Members

<i>Chairman</i>	Elizabeth Batey - Tel: 788788
<i>Vice Chairman/Kingsley News Editor</i>	Steve Easton - kingsleynewseditor@gmail.com
<i>Treasurer</i>	Heather Jones - Tel: 788104
<i>Bookings/Secretary</i>	Heather Hayes - Tel: 07955 648670
<i>Council Members elected</i>	Vic Wodhams, Carol Rowlands, Anne Kavanagh (In addition, one representative from each affiliated group supports the committee)
<i>Printing: Simon Batey; Printing Support: Jane Wodhams; Distribution Co-ordinator: Carol Rowlands</i>	

Kingsley Community Centre: Regular Weekly Classes

Tai Chi	Monday	10.30am to 11.30am	liverpooltaichi@gmail.com
Gentle Yoga	Monday	6.15pm to 7.30pm	helenjanetwoodcock@gmail.com
Pilates	Tuesday	12pm to 1pm	dickienad@yahoo.co.uk
Karate	Tuesday	6pm to 7pm	dan@kenshinryu.co.uk
Yoga	Tuesday	7.30pm to 8.30pm	bjerkan@hotmail.co.uk
Gentle Exercise	Wednesday	11am to 12noon	helenjanetwoodcock@gmail.com
Yoga	Wednesday	7.30pm to 8.30pm	will@yogaandhealingcheshire.co.uk
HiiT	Thursday	6.30pm to 7.30pm	info@alutottraining.com

Community Centre Standard Hire Charges	Whole Centre	The Hall	Club Room	Green Room
Friday or Saturday Evening 6pm to 11pm	£90	£50	£45	£45
Sunday to Thursday Evening 6pm to 11pm	£60	£40	£30	£30
Sunday to Friday 8am to 12 pm or 1pm to 5pm	£45	£30	£20	£20
Saturday 8am to 12pm or 1pm to 5pm	£50	£35	£25	£25
8:00am to 11pm (All Day)	£150	£90	£75	£75

Rooms can be hired for an hourly rate of £15 per hour.

There is a standard charge of £35 per session for the provision of the bar.

FROM THE EDITOR

Welcome to the June 25 edition of Kingsley News,

Is there rain in the air? As I complete editing the Kingsley News on a Saturday morning, I can still smell the freshness from the overnight rain. There is even a hint of some additional water in my water butts, or am I imagining the rise? Certainly the blackbird who has nested in my wood store is busy confidently catching worms this morning and the chirping from her young seems to frame a happier tone.

Maybe the rain will wash away some of the dust created by the upgrading of many of our electricity supplies which I have reliably been informed will provide us with a future proof three-phase power for years to come? Will this lead to a surge in upgrading our properties with solar cells and heat pumps? The advice I was given was to shop around, and advised that there are many local companies who offer these services and are equally to, if not better priced than many of the big energy companies. If you provide this service, why not advertise in Kingsley News.

I hope you enjoy this month's read and apologies for over-indulging in my wife's achievement running the London marathon; medals and and world record certificate hanging proudly in our hall.

... and finally on a personal note, I would just like to pay tribute to Brian Moores and all Moores family; a wonderful man and wonderful family who reflect all that is great and fine about this village.

Best Wishes

Steve

I hope you continue to enjoy reading this edition and please do give feedback too. Please, don't forget that Kingsley News is also available in digital format on the Kingsley village website, www.kingsleyvillage.co.uk.

Photos/Articles/Adverts for the newsletter to be sent to the Editor at

kingsleynewseditor@gmail.com

Copy deadline the 21st of the month.



Advertising Costs

Advert size (A5)	Colour	Black & White
Full page	£40	£24
1/2 page	£20	£12
1/4 page	n/a	£6

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Saturday 7th June
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Cafe serving Sausage / Bacon Butties & Hot Drinks.

3 Rooms of stalls to browse. Mooch & grab a bargain. Craft stalls and vintage House, Garage, Garden, Toys, Clothing & Bric A Brac.

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admin@kingsley-st-johns.cheshire.sch.uk

Jean, Daniel and family wish to express heartfelt thanks to all who sent messages of condolence following the death of Brian Moores on 14th April 2025.

Your support was appreciated, as was your attendance at the service of Thanksgiving which took place at The Hurst Methodist Church on 28th April 2025.

So many people attended and it was a lovely way to pay tribute to a very special person who lived all of his 86 years in this very caring village of Kingsley.

Thank you.

KINGSLEY RESIDENT BECOMES GUINNESS WORLD RECORD HOLDER

Lisa Easton, a dedicated runner from Kingsley, Cheshire, completed her third London Marathon on 27 April 2025, raising funds for the British Heart Foundation (BHF). Motivated by personal experience—her son was born with a congenital heart condition—Lisa aimed to give back to the organisation that supported her family during challenging times.

Balancing her role as a senior leader and PE Teacher at a secondary school in Wrexham with rigorous training, Lisa demonstrated remarkable commitment. Her preparation involved early morning runs, late-night jogs, and long weekend runs, all on a treadmill in her garage!

This year, Lisa took time to appreciate London's iconic landmarks, making the experience both personally fulfilling and memorable. Her fundraising efforts were supported by the local community, including events like the charity quiz night in Kingsley featuring food, music, and raffles.



Lisa is now also a Guinness World Record holder. The 2025 TCS London Marathon didn't just make headlines—it made history. On April 27, a record-breaking 56,640 runners crossed the finish line, officially earning the event a Guinness World Record for the most marathon finishers ever. This figure surpasses the previous record of 55,646 set by the 2024 New York City Marathon, and cements London's status as a global hub for distance running.

The achievement is about more than numbers. It's a celebration of perseverance, community, and inclusivity. From elite competitors chasing world records to thousands of everyday people running for causes close to their hearts, the marathon brought together a remarkably diverse crowd. Participants came from over 120 countries, representing every background, age group, and motivation imaginable.

According to organizers, more than 840,000 people applied to enter the 2025 race—also a world record for the most applications to a marathon. After months of training, anticipation, and buildup, more than 58,000 runners started the race. Of those, a record-setting 56,640 crossed the finish line on The Mall, just past Buckingham Palace.



Event Director Hugh Brasher called the day “a landmark in the history of running.” He added, “What makes this record so powerful is not just the size of the number—it’s the scale of the human stories behind it. Every finisher overcame something to get here, and together, they’ve shown what’s possible.”

The day wasn’t just about breaking records. It was also about world-class performances. Ethiopia’s Tigst Assefa claimed victory in the women’s elite race, setting a new women-only world record with a time of 2:15:50. In the men’s division, Kenya’s Sebastian Sawe stormed to a win with 2:02:27, one of the fastest marathon times ever recorded in London.

Meanwhile, the charity impact of the race was just as massive. Early figures suggest that more than £70 million was raised for a wide range of causes, from cancer research to mental health services. For many participants, fundraising was just as important as finishing.

Lisa’s journey underscores the impact of combining personal passion with charitable causes, inspiring others in her community and beyond. Her next event is The Great North Run, taking place this September. No doubt there will be another fund raising quiz night held in Kingsley Community Centre, so do look out for the advert in the Kingsley News nearer the time. If, however, you wish to donate her fundraising page is still open.



Donate at:
2025tcslondonmarathon.
enthuse.com/pf/lisa-
easton

or go there by scanning
the QR code



theWI
INSPIRING WOMEN

Kingsley WI

All meetings are the first Wednesday of the month
at 7.30pm in the Community Centre

Wednesday June 4th

‘Making Tiger Muffin Soaps’

with Matthew Lepp

Wednesday July 2nd

‘Finding Poetry in Your Life’

with John Lindley, Cheshire’s Poet Laureate

New members are welcome, we are a very friendly group, you
may make new friends and even learn something ... and the
cake is always delicious!

For further information email janetlesleyfletcher@gmail.com

KINGSLEY TENNIS CLUB

WIMBLEDON OPEN DAY

Saturday 28th June 2025

2.00pm - 5.00pm

**Kingsley Tennis Club invites you to come and meet our
LTA Level 3 Accredited Coach Jamie Oakes and to join in with some
free of charge "taster" coaching sessions.**

Juniors

2.00pm - 2.45pm

Meet the coach

2.45pm - 3.00pm

Adults

3.00pm - 3.45pm

Meet the coach

3.45pm - 4.00pm



Family Fun

4.00pm - 4.45pm

Meet the coach

4.45pm - 5.00pm

**No membership
required to play
and tennis rackets
and balls
will be provided.**

If you would like further information on any of these sessions please contact Jamie Oakes
Email: jamieoakes154@gmail.com Telephone: 07737 925 420

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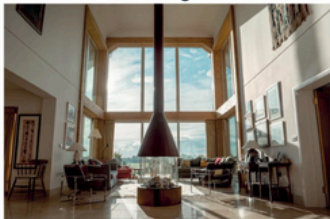
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Services in June 2025

Sunday 1st June

10.00 am Family Holy Communion at Norley
6.30 pm Sacred Space at Crowton

Sunday 8th June

10.00am Holy Communion at Crowton
6.00pm 2nd Sunday @ 6 – at NCK Centre,
Norley

Sunday 15th June – Father's Day

10.00am Holy Communion at Kingsley

Sunday 22nd June

8.30am Holy Communion at Crowton
10.00am Holy Communion at Alvanley
4.00pm 4th Sunday at 4 – NCK Centre,
Norley

Sunday 29th June

11.00am Praise and Picnic

Mid-week Holy Communion all at 10.00 am

5th June at Norley, 12th June at Crowton
19th June at Kingsley, 26th June at Norley

Associate Minister Revd. Hilary Merrington
Tel: 01928 788087

Email: hilary.merrington@btinternet.com
Church website www.nck.org.uk

Worship at The Hurst Methodist Church

June 2025

Sunday 1st June

8.30am Holy Communion
led by Revd G Gresswell
10am Morning Worship
led by Ms S Crockett MHA

Sunday 8th June

10am Morning Worship
led by Mrs N Hughes

Sunday 15th June

10am Chapel Anniversary
led by Revd N Stacey
with Holy Communion

Sunday 22nd June

10am Morning Worship led by Mr J Bell

Sunday 29th June

10am Morning Worship led by Mr P Wilks

We are anxious the most vulnerable of our
community feel safe, so ask that you
please do not attend if you have cold or flu
symptoms.

Feel free to wear a mask if you wish.

Church Open St John's is open on Tuesday Mornings from 10am to 12noon
for those who wish to take some quiet time out or for private prayer

**KINGSLEY
PRAYER DIARY**



Each week of the year Christians in Kingsley pray specially for people in a different area of the village and its surroundings. During June we think of, and pray for people living in: -

W/c June 1st Horseshoe Close

W/c June 8th Acres Crescent

W/c June 15th Beechview Road

**W/c June 22th Hunters Hill and
Dodgley Drive**

W/c June 29th Higher Heyes Drive

Coffee and Chat

Please come and join us each
Tuesday morn 10am at the Hurst
Methodist Church

For 'Coffee and Chat', meet old
friends and new.

You will be most welcome

Men's Brunch

Friday, 27th June at 10.30am in
The Hurst meeting room for
bacon/sausage bap.

Please come and join us.

Disrupting Circadian rhythms

As the summer solstice approaches, we enjoy the lengthening hours of sunlight and yet are blessed with some hours of darkness for rest and refreshment. We spare a thought for shift-workers, whose Circadian rhythms are disrupted and give thanks for their service in upholding the fabric of our 21st-century Western society.

Night and day ... Recorded in the first book of our Christian scriptures is an ancient attempt to understand the mystery of this cycle: 'In the beginning ... darkness covered the face of the deep ... Then God said, "Let there be light"; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness Night.' (Genesis 1:1-5)

'Light' has become a metaphor for all that is good and open and honest. Jesus Christ said, 'I am the light of the world' (John 8:12) and whatever our circumstances, we celebrate light, and can trust that light brings vision, clarity, and maybe fresh hope, such as at the dawn of each new day.

All this was put much more neatly at this year's Weaver Words festival when the poet Lemn Sissay presented his latest book which includes this poem:

'How do you do it? said night,
How do you wake and shine?
I keep it simple, said light.
One day at a time.'

Lemn Sissay, in Let the light pour in: Morning Poems, 2025, Canongate.

If, like me, you find this poem helpful, why not buy the book, or make a donation to Lemn Sissay's charity foundation:

<https://cafdonate.cafonline.org/7661#!/DonationDetails>

Yours in Christ

Anne





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If you have any queries then please call us or pop into the pharmacy to discuss.

MAKE THE CHANGE AND SUPPORT YOUR LOCAL INDEPENDENT PHARMACY

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Monday to Friday 9am-6pm (lunch 1-2pm)

DID YOU
KNOW ?

..... that the chapel at the Hurst has been 'cared for' by the Moores' family for around two thirds of its existence: Fred, who lived opposite chapel in the early part of the 20th century, followed by Brian, who grew up there, continued when his father could do no more.

It was with great sadness that not only the Hurst but MANY from the village and beyond said farewell to Brian in April this year, after a relatively short illness. We felt that he touched the lives of so many people in this community that we should give him a bit more than a mention! There were over 200 hundred people at the service of Thanksgiving for his life at the Hurst on April 29th.

He spent all his life living within 200 metres of the church and while he was 'caretaking', he would walk up to the church every day, always looking for things that needed doing and then using his skills to implement them. I put 'caretaking' in inverted commas because he was far more than a caretaker! Even last year, in 2024 he was seen up scaffolding, which he assembled himself, painting the windows outside at the age of 85! When 2 young mums with babies started attending church about 2 years ago, Brian made an area at the side of the internal space of the chapel into an enclosed area where the children could be safe playing with or without their mums, but still feeling part of the church family. He was instrumental in modernising the building: knocking down walls to create a larger meeting place at the back of chapel; removing the pulpit and pews; the Peace Garden, and modernising the porch, among other things. All of this, of course was done while working full time and being a family man. He retired early from being the Building Control Officer for Chester City Council, to look after his parents until their death.

His life at the Hurst was not just a practical one, but a spiritual one too. He felt the call to preach and, after studying the Old and New Testaments and Christian Doctrine through a correspondence course he became a local preacher for the Methodist Church in 1960 like his father before him, and served 50 years of preaching in this Circuit.

He and his wife Jean ran the Inters Guild, the Shell Group, Youth groups, and organised events to national youth events in London, midnight hikes, bonfire nights and trips to Beddgelert leading groups up Snowdon in all weather!

Brian will be missed in many, many ways by so many people. Rest in Peace, Brian.



SKIN & WELLNESS

CACI LAUNCH EVENT



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VE Day at Kingsley St John's.

Our school has been at the heart of the village for nearly 175 years so we spent the morning of VE Day looking at the role KSJ played in wartime Kingsley

Using our old school record books, we found out that our pupil numbers had swelled as evacuees joined us and our school grounds were used as allotments as part of the "Dig for Victory" campaign.



In the afternoon, we invited our community to join us for cake, lawn games and a Lindy Hop demonstration.



What a lovely way to remember, reflect and celebrate!



Love, learn, aspire, achieve



01244738434



Hollow Lane, Kingsley, Cheshire, WA6 8EF

admin@kingsley-st-johns.cheshire.sch.uk

KINGSLEY WALKERS



On 22 April, 11 walkers travelled to Macclesfield Forest. We climbed up Shutlingsloe which has an elevation of 506m (1,660 feet). There is a good reason that it is known as The Matterhorn of Cheshire! At the top we had our coffee whilst enjoying the 360 degree panoramic view of the Cheshire countryside and The Peak District. This was also a good opportunity to get our heart rates back to normal. An adventurous scramble took us down into Wildboardclough for a picnic lunch with another fabulous view. Sadly for some, The Hanging Gate pub was closed when we walked past, leaving one or two walkers looking longingly at its charming beer garden! The walk back to the car park skirted Piggford Moor Nature Reserve. Apparently until 1990 Piggford Moor had little in the way of wildlife as it was covered with barren Molinia grass. Thanks to a heather regeneration and reseeded project and three miles of stone wall rebuilding to control grazing, the moor is now the only island of heather moor in Cheshire. Now it is home to brown hares, red grouse and upland waders like snipe, lapwing and curlew. Plus the only golden plover in the county!

On 13 May, in glorious sunshine, 10 walkers plus 1 extremely well behaved dog (good boy Charlie!) did a 5 ½ mile walk starting from The Childe of Hale pub in Hale Village. The pub takes its name from its most famous resident, John Middleton (1578-1623), who was reputed to have been 9 feet 3 inches tall and was known as The Childe of Hale. We walked past his house, where he was supposed to have slept with his feet hanging out of the window. We also saw the impressive bronze statue of him by sculptor Diane Gorvin and we visited his grave in the churchyard of St Mary's. From the lovely quirky village we headed down Within Way to the coastal path. There were great views of the Runcorn Widnes Bridge before we reached the estuary, then ever changing and interesting views as we headed towards Hale Head Lighthouse and then on towards Liverpool Airport. We saw different views of the industry on the other side of the estuary in Runcorn, then Frodsham and Helsby Hills and the Clwydian Hills in the distance. The coastal path was lovely, with swathes of wild flowers in between the path and the arable fields. We paused for a while at the airport's eastern Viewing Area 2 but the wind direction meant that planes were coming in to land from West to East so we were not able to experience the thrill of them flying over our heads which they do when the wind is in the other direction. I'm not sure who was more disappointed, some of our walkers or the three small children who were eagerly waiting. Well done to John who went into Grandad mode and lifted them up in turn so that at least they could see the EasyJet from Malaga taxiing after landing! From the Airport we walked back into Hale Village with thatched houses on both sides of the road as we approached. Then back to the pub for a well deserved and very nice lunch.

Kingsley Walkers have two walks per month, new members are very welcome, please email on kingsleywalkerswa6@gmail.com



Will be singing

at 7.30 pm on Saturday 5th July 2025

**Kingsley Community Centre,
34 Smithy Lane
WA6 8ED**

Tickets £7.50

**(price includes a hot/cold drink and cake)
to be purchased in advance from choir members.**

Ashton Hayes area: contact Aileen Parry on 01829 752458

Kingsley area: contact Peter Storey on 07814 920413

Kelsall area: contact Howard Cruse on 07767 494995

KNOLL SURGERY PATIENTS PARTICIPATION GROUP

in partnership with Frodsham, Helsby and Elton Together'

invite you to our

HEALTH AND WELL BEING OPEN DAY

2, Princeway, Frodsham, WA6 6RX

on Thursday 5th June 2025 from 9.30 am to 3.00pm

This is a unique opportunity for local residents and registered patients of the Knoll Surgery to meet a range of Health Care professionals, as well as representatives of many local and national organisations involved in Health and Well Being.

You can find out more about Mindfulness, Bereavement support, Healthy Eating and Recipes, Memory Cafe, Bee Friends, Talking Therapies, the Alzheimer's Society, Social Prescribers, Reading and Walking groups and MUCH, MUCH MORE.

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EVERYBODY IS WELCOME.***



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